

# Online support program for parents of children with a chronic kidney disease

W.W. Geense<sup>1</sup>, B.G.I. van Gaal<sup>1</sup>, J.L. Knoll<sup>2</sup>, E.A.M. Cornelissen<sup>2</sup>, L. Schoonhoven<sup>3</sup>, G. Kok<sup>4</sup>

<sup>1</sup> Radboud university medical center, Radboud Institute for Health Sciences, IQ healthcare, Nijmegen, The Netherlands; <sup>2</sup> Radboud university medical center, Department of Paediatric Nephrology, Nijmegen, The Netherlands;

<sup>3</sup> Clinical Academic Facility, Faculty of Health Sciences, University of Southampton, Southampton, United Kingdom; <sup>4</sup> Department of Work & Social Psychology, Maastricht University, Maastricht, Netherlands

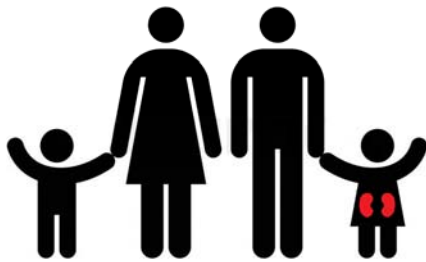


Wytske.Geense@radboudumc.nl

## Introduction

- Care for children with CKD is complex<sup>1</sup>
- Parents have a key role in disease management child<sup>2</sup>
- Difficulties in finding balance managing care and personal life<sup>3</sup>
- High levels of stress among parents<sup>4</sup>

**Objective: to develop and evaluate an online support program for parents of children with CKD**



## Development

### Intervention Mapping<sup>5</sup>

1. Conducting a needs assessment

2. Defining program objectives

3. Selecting methods and applications

4. Developing the program

5. Implementing the program

6. Evaluation of the program

### How?

Literature review and focus groups

Creating matrixes using determinants (e.g. attitudes)

Theory of Planned Behaviour and BCTs

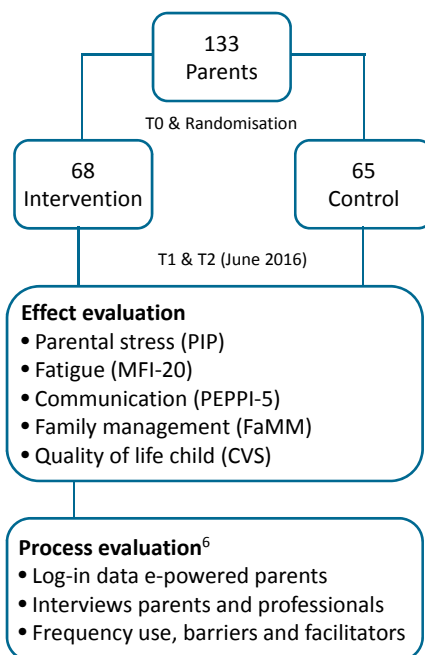
Online information, interaction, training modules

One university medical centre

Effect and process study

## Evaluation

### Feasibility study using a RCT



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